Discipleship Framework

A practical framework for following Jesus in our ordinary lives.

PRACTICE	NEVER/RARE	SPORADIC	CONSISTENT	GROWING	ALL-IN
PRAYER	Honestly, I rarely pray, if ever.	I pray when I can, feel like it, or need to.	I'm setting apart time to make prayer a regular rhythm.	I'm setting apart time to make prayer a daily rhythm.	***Growing +*** learning to pray through-out the day.
SCRIPTURE	I never read the Bible.	I read the Bible when it seems relevant or I have time.	I read the Bible regularly.	I read the Bible daily (ex: daily devotional, SOAP, etc).	***Growing +*** finding ways to go deeper (Bible study, Emmaus Bible Min, ask Qs, etc).
SERVICE	I never serve.	I serve when an opportunity arises, or it's convenient.	I serve regularly.	I serve regularly and sacrificially, and I pray for those I serve.	***Growing +*** discovering my gifts; a deepening experience of compassion through me.
SABBATH	Rest is not a priority.	I rest when I can, it's convenient, or I'm exhausted.	I'm committed to regular rhythms of rest.	A spiritual rhythm of rest (ceasing work, resting in God) & awareness of my limitations.	***Growing +*** and growing in peace as I trust God with my limitations.
WITNESS	I rarely talk about my faith, and I avoid conversations about Jesus whenever possible.	I talk about my faith only when it comes up naturally or when I feel especially comfortable.	I am intentional about living my faith openly; occasionally sharing my story with others.	I regularly pray for people; I look for natural opportunities to share hope through words & actions.	***Growing +*** I intentionally invest in relationships; sharing my story & Jesus' story with love.
COMMUNITY	I don't have community OR I have many connections, but few real relationships.	I occasionally make time for real relationships and community.	I'm intentional about growing in relationships with people regularly.	***Consistent +*** intentionally doing so with people who strengthen me in faith.	***Growing +*** investing in relationship with people who don't know Jesus.
HUMAN CARE	I am generally unaware of others' needs; I rarely respond when I notice suffering/ injustice.	I help when a need is obvious or when I feel particularly moved in the moment.	I regularly show compassion through acts of kindness, service, & generosity	I'm looking for opportunities around me to respond with compassion and prayer.	***Growing +*** committed to facilitating God's work of healing & wholeness in others.
GENEROSITY	Giving is not a way I practice my faith.	I give when I am inspired and/or remember.	I give regularly (any amount).	I give regularly & generously (i.e. tithe).	***Growing +*** looking for opportunities to be generous.

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The purpose of this is to offer a simple, practical, and doable tool for taking the next step in your spiritual growth.

1. [check] where you would honestly say that you are in each row.
2. [*] the three (3) categories where you would like to grow in this season.
3. [short response] Write one small, practical step you feel God calling you to take, moving toward being “all in” in those areas.
4. Share with your table what step(s) you wrote down and why.