

PARENT GUIDE

IS THERE MORE TO LIFE THAN THIS?

WEEK ONE

The point of this book (and Alpha as a whole) is to **dive into big questions about faith, God and the Church.**

When questions get tough, we don't want to run away and give up. We want to dig deeper!

Kids are asking a lot of the same big questions that adults are. In the Bible, it says **"Don't let anyone think less of you because you are young. Be an example to all believers in what you say, in the way you live, in your love, your faith, and your purity"** in 1 Timothy 4:12.

We want this book to be a way to live out this scripture. Let kids ask questions! Let kids live out their faith!



Kids Ministry Staff
at University Carillon

EXPLORING THE QUESTION

MAIN IDEA

We know that not everything in this world is perfect, no matter how much we wish it was. However, we (as Christians—those who believe in and follow God), can know for sure that there's more to life than the bad stuff. There is more to life than trying to find happiness. There's more to life than even the good things like school and work. We find our worth, our purpose, and our life in God and God alone.

CONVERSATION

(questions your kids may ask you)

- What did you eat tonight?
- What did you talk about?
- How do you feel knowing that God has more for you than the pain of this world?
- What are some things you can give up to God?

RESOURCES

- Adult Alpha guide
- Video Sermon: "Uncovering Satisfaction" by Tim Keller

ALL RESOURCES AVAILABLE AT:
universitycarillon.net/AlphaKids



Get in touch.

kids@universitycarillon.net

▶ ALPHA ADULT GUIDE: WEEK ONE

See next page(s) for the Adult Alpha guide.

▶ VIDEO SERMON: "UNCOVERING SATISFACTION"

Check out this sermon by Tim Keller.

"Tim Keller explains Christianity in a way that really talks directly to me. If I had found this 20 years ago I would have never left the church. 20 years ago I had a major crisis of faith and of life: my biggest question was what is the point? I've been struggling with this question ever since until recently. Tim is helping me see that Jesus Christ really is the way." —Valerie M.

WATCH VIDEO

- ▶ Want to discuss this question further? Reach out to one of our pastors by emailing pastors@universitycarillon.net

WEEK ONE

Is there
more to
life
than this



ALPHA GUIDE

What, if any, has been your experience of Christianity?

- **Boring?**
- **Untrue?**
- **Irrelevant?**

At the heart of the Christian faith is a person: Jesus Christ. **Jesus said, 'I am the bread of life.' (John 6:35)**

1. JESUS SAID, 'I AM THE WAY.'

The first-order questions of life:

- Is there more to life than this?
- What am I doing on earth?
- What is the point of life?
- What is the purpose of my life?
- Where am I heading?

C. S. Lewis: 'I believe in Christianity as I believe that the sun has risen: not only because I see it, but because by it I see everything else.'¹

Jesus is the lens through which we see God. He is the way to God.

Jesus is also the lens by which we see the world in a totally different dimension and clarity.

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